



University of Pune
Department of Physical Education



Doctor of Philosophy (Ph.D.) in Physical Education
Degree allotted students list

Sr. No.	Name of the Student	Name of the Research Guide	Date of Result Declaration	Research Topic
01.	Mr. Asadollah Shams Falavarjani	Dr. V. S. Wangwad	16 th September, 2008	"A Comparative Study of Pedagogy of Health Management Sciences of Universities in Iran and India"
०२.	श्री. तोरवी शिवानंद शरणप्पा	डॉ. व्ही. एस. वांगवड	२० फेब्रुवारी, २००९	"शारीरिक शिक्षण सक्तीचे करण्याच्या राज्य सरकारच्या धोरणाच्या संदर्भात प्राथमिक शाळातील शारीरिक शिक्षणाच्या समस्यांचा चिकित्सक अभ्यास करणे व त्या समस्या सोडविण्यासाठी उपाययोजना सुचविणे"
03.	Ms. Naik Shraddha Abhijit	Dr. Sanjeev Sonawane	13 th July, 2009	"Study on Performance Profiles of Elite Women Kabaddi Players in Maharashtra"
04.	Mr. Shahram Yazdani	Dr. V. S. Wangwad	18 th September, 2009	"Effect of Selected Yogic & Stretching Exercises on Low Back Pain as a Remedy"
05.	Mr. Hassan Ghrayagh Zandi	Dr. V. S. Wangwad	19 th November, 2009	"Effect of Meditation and Mental Training on Selected Skill of Basketball Game"
06.	Ms. Kodgire Usha Dyanoba	Dr. Madhuri Waghchoure	05 th October, 2009	"Comparative Effect of Yoga and Lezium Exercises on Selected Psycho-Physiological and Physical Fitness Variables of School Girls"

Sr. No.	Name of the Student	Name of the Research Guide	Date of Result Declaration	Research Topic
07.	Mr. Asgar Komayali Asl	Dr. V. S. Wangwad (Guide) Dr. Vilas Ransure (Co-Guide)	28 th December, 2009	“Effect of Meditation and Pranayama on Mental Stress and Job Satisfaction of Teacher Educators from Universities in Tehran”
08.	Mr. Hivale Madhukamal Madhukar	Dr. V. S. Wangwad	29 th December, 2009	“A Case Study of Chandu Borde & His Contribution to Indian Cricket”
09.	Mr. Mahadam Dattatray Sakharam	Dr. Sanjeev Sonawane	15 th February, 2010	“An Analytical Study of Academic Achievement, Mental Health, Socioeconomic Status and It’s Relation to Physical and Motor Fitness Components of Pune University Players”
10.	Ms. Kudale Alka Bhiku	Dr. Madhuri Waghchoure	19 th April, 2010	“Effect of Selected Yoga Practices on Health Related Physical Fitness Components and Personality Factors of School Going Children”
11.	Mr. Daneshjoo Abdoulrasoul Ahmad	Dr. Sopan Kangane	24 th September, 2010	“A Study of Kinematical Parameters in Instep Kicking in Soccer”
12.	Mr. Mahadik Shrikant Suryakant	Dr. Sopan Kangane	29 th December, 2010	“A Study of Relationship of Obesity with Scholastic Achievement, Self-Concept and Physical Fitness Parameters”
13.	Mr. Prabhu Ameet Dattaram	Dr. Sopan Kangane	07 th January, 2011	“To Prepare Norms of Mountaineers aged 17 to 40 Years”
14.	Ms. Vahideh Razmi	Dr. Sopan Kangane	21 st January, 2011	“Effects of Specific Aerobic Training Program on Plasma Level of C-Reactive Protein & Metabolic Cardiac Risk Factors in Physical Education Students”

Sr. No.	Name of the Student	Name of the Research Guide	Date of Result Declaration	Research Topic
15.	Mr. Naeima Khajavi	Dr. Sopan Kangane	09 th February, 2011	“Comparative Study of Physical Fitness of High School Students of Shiraz (Iran) and Pune (India) Cities and Its Relation with Quality of Physical Education Program”
16.	Mr. Mane Manohar Mahadev	Dr. Arun Shinde	15 th April, 2011	“Role and Contribution of Anjali Bhagwat with Special Reference to Shooting”
17.	Mr. Sarkar Ravi Sambhu	Dr. Arun Shinde	25 th April, 2011	“Development of Norms for Selection of Football Players in Schools of Pune City Zone”
18.	Mr. Khaire Pramod Bhausahab	Dr. Sopan Kangane	11 th May, 2011	“A Comparative Study of Physical Fitness Components of High School Boys and Study the Effect of Exercise Module”
19.	Mr. Kamran Shadanfar	Dr. T. K. Bera	18 th August, 2011	“Assertion of Incidence of Sports Injuries and their Prevention through Passive Stretching and Relaxation in Iranian Professional Handball Players”
20.	Mr. Karad Dinesh Pandurang	Dr. Arun Shinde	15 th October, 2011	“Development and Standardization of a Test Battery for Selection of Hockey Players”
२१.	श्री. रेड्डी मनोज नरेंद्र	डॉ. सोपान कांगणे	१९ नोव्हेंबर, २०११	“१५ ते १९ वयोगटातील महाराष्ट्रातील बास्केटबॉल खेळाडूंसोठी शारीरिक सुदृढता घटकांचे व बास्केटबॉल कौशल्यांची प्रमाणित मानके तयार करणे”
22.	Ms. Mosoumeh Hassanpour	Dr. V. S. Wangwad	23 rd December, 2011	“Study of Comparative Effect of Selected Hydrotherapy Exercises and Yoga Practices as a Remedy for Low Back Pain in Iranian Women”

Sr. No.	Name of the Student	Name of the Research Guide	Date of Result Declaration	Research Topic
23.	Ms. Mojgan Salehipour	Dr. Madhuri Waghchoure	23 rd January, 2012	“The Effect of Contextual Interference on Performance and Learning of Volleyball Skills in Female Players 15-18 years in Ilam, Iran”
२४.	श्री. शेळके सुदाम रामचंद्र	डॉ. महेश देशपांडे	२८ जानेवारी, २०१२	“हॅण्डबॉल खेळातील वरिष्ठ व कनिष्ठ गटांच्या स्पर्धेदरम्यान सामन्यांमध्ये खेळाडूंकडून उपयोगात येणाऱ्या कौशल्यांचा विश्लेषणात्मक अभ्यास”
25.	Mr. Viegus Dominic Savio Anthony	Dr. Arun Shinde	12 th March, 2012	“An Indian Olympian Anthony Francis Coutinho : A Case Study”
26.	Mr. Pethkar Vishnu Umakant	Dr. Sanjeev Sonawane	09 th April, 2012	“Teachers’ and Students’ Attitudes toward Physical Activity and Physical Fitness”
27.	Mr. Gaikwad Shivraj Ramchandra	Dr. Arun Shinde	17 th April, 2012	“Development and Standardization of A Test Battery for Selection of Football Players”
28.	Mr. Bhosale Rahul Rajan	Dr. Mahesh Khetmalis	28 th April, 2012	“Development of Norms for Selection of Senior Volleyball Players in Maharashtra”
29.	Ms. Poushali Barori	Dr. Madhuri Waghchoure	20 th July, 2012	“Analysis of The Effect of Physical Education Training Program on selected Physical Fitness & Physiological Parameters of Teacher Trainees”
30.	Mr. Hamid Hassanpanah	Dr. V. S. Wangwad	13 th September, 2012	“Study of Effect of Selected Hydrotherapy & Physiotherapy Exercises on Low Back Pain”

Sr. No.	Name of the Student	Name of the Research Guide	Date of Result Declaration	Research Topic
31.	Mr. Lohote Pandurang Kisan	Dr. Arun Shinde	24 th September, 2012	“To Study the Effect of Anxiety Level on Performance of Male Athletes in Track and Field and to Develop a Module for Enhancing Performance”
32.	Mr. More Sunil Sahebrao	Dr. Sopan Kangane	07 th December, 2012	“A Study of Health Related Physical Fitness of School Students”
३३.	श्री. भिंताडे शिवाजी ज्ञानदेव	डॉ. द. वि. कुलकर्णी	०५ जानेवारी, २०१३	“महाराष्ट्रातील साहसी क्रीडा प्रकारांचा अभ्यास”
34.	Mr. Farshad Emami	Dr. Nayana Nimkar	16 th January, 2013	“Comparison of Relationship between Organizational Justice and Organizational Citizenship Behavior in Iran and India with Respect to Physical Education”
35.	Smt. Khan Salima Abdur-Rehman	Dr. S. S. Deshpande	31 st January, 2013	“Contribution of Digambar Gopal Wakharkar towards Development of Physical Education and Sports in India”
36.	Ms. Jadhav Shraddha Milind	Dr. Nayana Nimkar	23 rd February, 2013	“Effect of Customized Program on Functional Fitness of Secondary School Female Teachers from Mumbai”
37.	Mr. Bagal Naresh Madhukar	Dr. Mahesh Deshpande	23 rd February, 2013	“Analytical Study of Skill Effectiveness and Performance in Senior State and National Basketball Competition”
38.	Ms. Daptare Surekha Sudam	Dr. Mahesh Khetmalis	18 th March, 2013	“Construction and Standardization of Korfball Skill Test for Collegiate Player of Pune University”
39.	Ms. Lena Motallebi	Dr. V. S. Wangwad	28 th March, 2013	“Comparing the Effects of Core Stabilization and Stretching Exercises on Nonspecific Chronic Low Back Pain Patients”

Sr. No.	Name of the Student	Name of the Research Guide	Date of Result Declaration	Research Topic
40.	Mr. Paneru Umeshraj Padamraj	Dr. Arun Shinde	10 th April, 2013	"Development of Norms for Selection of Senior Male Maharashtra State Handball Players"
४१.	श्री. आमृळे मोहन नामदेव	डॉ. महेश देशपांडे	३० एप्रिल, २०१३	"पुणे येथील फर्ग्युसन महाविद्यालयाच्या सन १८८५ ते २००९ या कालावधीतील क्रीडा विभागाचा अभ्यास"
42.	Mr. Mandrekar Sahadev Arjun	Dr. Madhuri Waghchoure	13 th May, 2013	"Effect of the Aerobic and Anaerobic Training Programme on Sprinters Performance of Goan Girls Aged between 14 to 16"
43.	Mr. Bodke Yogesh Hiranman	Dr. Mahesh Deshpande	15 th May, 2013	"Development of Skill Tests of Team Handball Game for Junior Level Male Handball Players of Maharashtra"
44.	Ms. Maryam Nasiri	Dr. S. S. Deshpande	27 th May, 2013	"Study of the Effect of Autogenic Training and Progressive Muscular Relaxation on the Management of Anxiety and Stress on the Swimmers"
४५.	श्री. वामन राजेंद्र रामचंद्र	डॉ. माधुरी वाघचौरे	३१ ऑक्टोबर, २०१३	"बहिरंग योग प्रशिक्षणाचा १४ ते १६ वयोगटातील आदिवासी विद्यार्थ्यांची सामाजिक परिपक्वता, वृत्ती व सामाजिक समायोजनावर होणाऱ्या परिणामांचा अभ्यास"
46.	Mr. Kamble Anil Gahininath	Dr. Madhuri Waghchoure	26 th November, 2013	"Effect of Yogic Practices on Health Related Physical Fitness Components and Selected Psycho-Physiological Variables of the School Going Girls Aged 11 to 13 Years"
47.	Smt. G. R. Sita Murthy	Dr. T. K. Bera	27 th December, 2013	"Yoga Remedy Programme for Health Related Physical Fitness, Academic Achievement and Values of the Students in Kendriya Vidyalayas"

Sr. No.	Name of the Student	Name of the Research Guide	Date of Result Declaration	Research Topic
४८.	श्री. ढवण आनंद अंबक्रुषी	डॉ. मन्मथ घरोटे	२८ फेब्रुवारी, २०१४	“महाराष्ट्रातील शालेय स्तरावरील स्केटिंग खेळाडूंच्या मुल्यमापनासाठी कसोटीचे विकसन व प्रमाणीकरण”
४९.	श्री. पठारे किशोर लक्ष्मण	डॉ. महेश देशपांडे	०१ मार्च, २०१४	“पुणे शहरातील डेक्कन जिमखाना क्लबचे क्रीडा विषयक योगदानाचा अभ्यास”
५०.	श्री. केमकर शंकर एकनाथ	डॉ. मन्मथ घरोटे	१२ मार्च, २०१४	“महाविद्यालयीन खेळाडूंच्या स्नायुक्षमतेवर आयुर्वेदातील स्नेहन स्वेदन चिकित्सेच्या परिणामांचा अभ्यास”
51.	Mr. Bular Sunil Suresh	Dr. Sopan Kangane	12 th March, 2014	“Impact of Aerobic Dance Intervention on Selected Psychological and Physiological Parameters in Adolescent Girls”
५२.	श्री. कदम-पाटील महेंद्र आनंदराव	डॉ. एस. एस. देशपांडे	२७ मार्च, २०१४	“महाराष्ट्रातील निवडक हिंदकेसरी किताब प्राप्त कुस्तीगिरांचा अभ्यास”
53.	Mr. Pawar Gurunath B.	Dr. Mahesh Deshpande	16 th April, 2014	“Effectiveness of Use of Video-Graphic Teaching Aid for Basketball Skill on Junior Girls from Pune”
54.	Mr. Vernekar Ramlal Saji	Dr. Mahesh Deshpande	26 th April, 2014	“Study of Sports Participation and Sports Facilities in the State of Goa”
५५.	श्री. शिंदे विनोद अनंत	डॉ. सोपान कांगणे	०२ ऑगस्ट, २०१४	“मुंबई विद्यापीठ आणि या अंतर्गत येणाऱ्या वरिष्ठ महाविद्यालयांचा क्रीडा सहभाग आणि प्राविण्य संपादनाचा अभ्यास”



Savitribai Phule Pune University

(formerly University of Pune)

Department of Physical Education



Doctor of Philosophy (Ph.D.) in Physical Education

Degree allotted students list

Sr. No.	Name of the Student	Name of the Research Guide	Date of Result Declaration	Research Topic
56.	Mr. Savalan Seyedjalali	Dr. Nayana Nimkar	09 th August, 2014	“Comparative Effect of Creatine Supplementation on Selected Physiological Parameters and Physical Fitness Factors on Vegetarian and Non-Vegetarian Physical Education Students from University of Pune”
57.	Ms. Sadgir Madhuri Pandharinath	Dr. Nayana Nimkar	12 th August, 2014	“Development of Performance Evaluation System in Volleyball”
58.	Mr. Seyyed Hadi Hosseini Alavije	Dr. Manmath Gharote	14 th August, 2014	“The Relationship between Stress Mediated Hormonal Imbalance and Individual Performance of Professional Referees in Football Competitions”
59.	Mr. Gaikwad Atul Balwant	Dr. Sopan Kangane	29 th October, 2014	“Study of Illegal Bowling Action in Cricket : Causes and Remedial Program”
60.	Mr. Mahdi Soleimanifarrok	Dr. V. S. Wangwad	03 rd November, 2014	“A Comparative Study of the Effect of Fatigue on the Ratio of Electrical Activity of Oblique Vastus Medialis and Vastus Lateralis Before and After Plyometric Training Program in Males”

Sr. No.	Name of the Student	Name of the Research Guide	Date of Result Declaration	Research Topic
61.	Mr. Bansode Sharad Vasant	Dr. Madhuri Waghchoure	19 th November, 2014	"Effect of Yoga and Aqua Exercises Training Programme on Performance and Selected Psycho-Physiological Profiles of Basket Ball Players"
62.	श्री. ढमाले गिरीश पंढरीनाथ	डॉ. नयना निमकर	03 जानेवारी, 2015	"पुणे विद्यापीठ अंतर्गत शारीरिक शिक्षण संचालकांचे कार्य, नेतृत्ववर्तन, व्यवस्थापन व नियोजन परिणामकारकतेचा अभ्यास"
63.	श्री. अनाप उत्तम दामू	डॉ. माधुरी वाघचौरे	20 जानेवारी, 2015	"योग प्रशिक्षण आणि पाण्यातील (जल) व्यायामाचा धावण्याच्या वेगावर व भावनिक क्षमतेवर होणाऱ्या परिणामांचा अभ्यास"
64.	श्री. पांडे दिनेशकुमार राजाराम	डॉ. सोपान कांगणे	28 फेब्रुवारी, 2015	"क्रीडामहर्षी कॅ. शिवरामपंत विष्णू दामले एक जीवन अभ्यास"
65.	Mr. Ashok Kumar Rajak	Dr. T. K. Bera (Guide) Dr. D. N. Swant (Co-Guide)	30 th March, 2015	"Progressive Yoga Relaxation for Reversing Death Syndrome and Associated Homeostatic Imbalances in Cancer Patients"
66.	Mr. Jondhale Vilas Motiram	Dr. P. R. Borgaonkar	13 th May, 2015	"Study of Functional Fitness Variables of Industrial Training Institute Trainees and Study the Effect of Physical Activity Program"
67.	श्री. केंगले भिमराव दुंदा	डॉ. मन्मथ घरोटे	25 जुलै, 2015	"मल्लखांब खेळाडूंच्या एकाग्रता, लवचिकता, तोंड, समन्वय या घटकांवर यौगिक प्रक्रियांचा परिणाम तपासणे"

Sr. No.	Name of the Student	Name of the Research Guide	Date of Result Declaration	Research Topic
68.	Mr. Lunkad Anand Bhikchand	Dr. P. K. Patel	28 th July, 2015	"A Critical Study of Physical Fitness, Intelligence and Sports Achievement of the Students Undergoing the Kridakul Program of Jnana Prabodhini Pune"
६९.	श्री. ढमाळ पंकज उत्तमराव	डॉ. एस. एस. देशपांडे	१७ ऑगस्ट, २०१५	"महाराष्ट्रीय मंडळ, पुणे संस्था अभ्यास"
70.	Mr. Karim Baharlouei	Dr. S. S. Deshpande	06 th October, 2015	"Comparative Study of the Effect of Meditation and Attention Focus Program on Selected Performance Variables of Archers and Sprinters"
71.	Mr. Rangraz Hossein Esmaeil	Dr. S. S. Deshpande	23 rd October, 2015	"Developing Criteria for Selecting Free Style Wrestling Coaches at International Level"
72.	Mr. Dhengale Dadasaheb Baban	Dr. Sopan Kangane	07 th December, 2015	"Effect of Wellness Programme on Adolescent School Children from Pune City"
73.	Mr. Ashtekar Raghav Panditrao	Dr. Nayana Nimkar	19 th January, 2016	"Effect of Suryanamaskar, Breathing Exercise and Omkar Chanting on Swimming Performance of Swimmers aged 8 to 16 Years"
74.	Ms. Gawali Minakshi Haribhau	Dr. Atmaram Thoke	19 th March, 2016	"Effect of Suryanamaskar and Yoga Nidra on Menstruation Problems of Adolescent Girls"
७५.	श्री. भुजबळ संतोष सावळेराम	डॉ. एस. एस. देशपांडे	०७ एप्रिल, २०१६	"माती व गादीवर कुस्ती खेळणाऱ्या खेळाडूंच्या शारीरिक क्षमता व मानसिक स्वास्थ्य यांचा तुलनात्मक अभ्यास"

Sr. No.	Name of the Student	Name of the Research Guide	Date of Result Declaration	Research Topic
76.	Ms. Suman Pandey Mahadevan	Dr. Sanjeev Sonawane	06 th June, 2016	"Correlation of Life Skills with Physical Fitness, Mental Health, Socioeconomic Status and Emotional Maturity of the School Going Adolescents"
77.	Mr. Shailendra Kumar	Dr. Vinayak Tujare	15 th June, 2016	"Study of the Effects of Selected Asanas and Pranayamas on Classic Autistic Children"
७८.	श्री. सुरवसे संतोष दत्तात्रय	प्रा. (डॉ.) दिपक माने	२६ ऑक्टोबर, २०१७	"पुणे जिल्ह्यातील अनुदानित मराठी माध्यमिक शाळांमधील शारीरिक शिक्षण शिक्षकांची सामाजिक स्थिती : एक अभ्यास"
79.	Mr. Kale Amey Vinayak	Dr. Atmaram Thoke	28 th October, 2017	"A Critical Study of Physical Fitness, Anthropometric and Psychological Variables of State Level Fencers"
80.	Ms. Shendkar Sheetal Laxman	Dr. V. S. Wangwad	15 th December, 2017	"Construction and Standardization of Kabaddi Skill Tests for Junior State Level Players of Maharashtra"
८१.	श्री. जुंद्रे दिपक भगवान	डॉ. विनायक तुजारे	३१ मार्च, २०१८	"क्रियात्मक हालचाली प्रशिक्षण कार्यक्रमाचा खेळाडूंच्या स्थिरता आणि गतिशिलतेवर होणाऱ्या परिणामांचा अभ्यास"
८२.	श्री. भोसिकर सुनीलकुमार रामराव	डॉ. माधुरी वाघचौरे	३१ मार्च, २०१८	"शालेय विद्यार्थी खेळाडूंच्या आरोग्यासंबंधी शारीरिक तंदुरुस्ती घटकाचे शैक्षणिक संपादन व समाजिक समायोजनाचा सहसंबंधात्मक अभ्यास"
८३.	कु. चव्हाण नेहा मोरेश्वर	डॉ. दिपक शेंडकर	०२ एप्रिल, २०१८	"कबड्डी खेळाडूंची परिधीय दृष्टीक्षमता, प्रतिक्रिया वेग व खेळातील प्राविण्य यातील सहसंबंधाचा अभ्यास"

Sr. No.	Name of the Student	Name of the Research Guide	Date of Result Declaration	Research Topic
84.	Ms. Jadhav Lahanu Vitthal	Dr. Atmaram Thoke	02 nd April, 2018	"Effect of Specific Training Programme on Time Trail and Individual Pursuit Event Performance of Track Cycling State Level Players"
८५.	श्री. मुल्ला इब्राहिम हमजा	डॉ. अरुण शिंदे	२२ मे, २०१८	"आंतरविद्यापीठ स्तरावरील खेळाडूंच्या स्व-संकल्पना, आकांक्षास्तर, संपादनप्रेरणा आणि कार्यमान संपादन यांचा सहसंबंधात्मक अभ्यास"
86.	Mr. Bhujbal Bharat Limbaji	Dr. Nayana Nimkar	28 th September, 2018	"Effect of Functional Training Program on Physiological Capabilities of Undergraduate Females"
87.	Mr. Kedare Arvind Vaman	Dr. Nayana Nimkar	28 th September, 2018	"A Comparative Study of Postural Deformities Anthropometric Measurements of Female College Students from Nashik District"