

***Vishnu Umakant Pethkar***

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**EDUCATION**

**University of Pune, Pune. India.**

**Doctor of Philosophy (Education)**

**2012**

Title: "Teachers' and Students' Attitudes towards Physical Activity and Physical Fitness"

**University of Pune, Pune. India.**

**M.Ed. (Physical Education)**

**2006**

Dissertation: "Relationship of Physical fitness and Scholastic Achievement of V to VII Grade Students"

**University of Pune, Pune. India.**

**B.Ed. (Physical Education)**

**2004**

Areas of Concentration: Mathematics, Athletics, and Football.

**TEACHING EXPERIENCE**

**University of Pune, Pune. India.**

**Assistant Professor** – in "Department of Physical Education." University of Pune. **Since October 2008**

- Teaching – Research Methodology and Statistics, Test, Measurement and Evaluation in Physical Education and Sports.
- Conducting Ground practical work – Conditioning, Physical fitness, Sports training.
- Organizing practical schedule for coaching lessons.
- Guiding the research students for the dissertation.
- Guiding the students for Coaching assignment and Practical lessons.

**University of Pune, Pune. India.**

**Teaching Associate** – in “Department of Education **Aug.2006 – Mar. 2008.**

and Extension.” University of Pune.

**April, 2008 – Oct. 2008**

- Teaching - Management of Physical Education and Sports, Test Measurement and Evaluation in Physical Education and Sports.
- Conducting Ground practical work – Conditioning, Physical fitness, Sports training.
- Organizing practical schedule for coaching lessons.
- Guiding the research students for the dissertation.
- Guiding the students for Coaching assignment and Practical lessons.

**Physical Education Teacher.** – St. Mary’s school. **June- Aug. 2006.**

- Conducting Physical Education classes for Standards Preparatory to Third.
- Conducting Eurhythmics for Preparatory class.

**Physical Education Teacher** – J.D’s Academy school **June 2005 - March. 2006.**

- Conducting Physical Education classes for Standard First to Twelfth.
- Conducting Scout for class Eight and Nine.
- Coordinating National Institute of Open School Study center As Deputy Superintendent.

**Athletics Coach** –Kendriya vidhyalaya School **June 2004- Feb 2005**

- Orienting and Selecting Students for Athletics program.
- Coaching and Training selected students in their area of Specialization.
- Organizing and Conducting Kendriya vidhyalaya’s Pune Cluster and Mumbai Regional Athletic Meet.

**PROFESSIONAL QUALIFICATION AND EXPERIENCE**

- **National Eligibility Test for Lectureship (NET)**
- **State Eligibility Test for lecturership(SET)**
- Qualified State level official in **Athletics.**
- Completed certificate course in **Gym Instructor.**
- Worked as **Technical Official** for Pune International Marathon for 3 years.
- Worked as volunteer in **CYG 2008 Pune –“Doping”**
- Worked as **Technical Official** for State level Athletic Meet.
- Participated in **National and International level Seminars and Conferences.**
- Participated in Nationwide contest for the **Best Integration of Technology in Education** by Intel.

## **SPORTS ACHIEVEMENTS**

- Represented Goa University in All India Inter University Athletic Meet, 2002-03. Gulberga. in 100m, 110m Hurdles, 4\*100m Relay events.
- Represented Goa state in West Zone Kabaddi Championship, 2004. Gujarat.
- Secured 3 Gold medals in 110m Hurdles in Inter collegiate and State level Athletic meet.2000,2002,2003.
- Championship in Inter collegiate Kabaddi Tournament, 2002.
- Secured 2 Gold medals and 1silver medal in inter collegiate Judo Tournament in 2001,2002,2003.
- Participated in various State level Kabaddi Tournaments.

## **PUBLICATIONS**

- **Attitudes toward Physical Activity and its Measurement** – Journal of Physical Education and Sport. 29(4) p30-36.e-ISSN: 2066-2483
- **Rethinking Assessment in Physical Education: Being Accountable & valuable** – Conference proceedings “ National Congress on Physical Activity, Fitness and Health” University of Pune. p54-59. ISBN 978-93-80697-79-6
- **More is better than Some! How do we Determine? An Introduction to Measurement of Physical Activity** - Conference proceedings “ National Congress on Physical Activity Fitness and Health” University of Pune. p60-65. ISBN 978-93-80697-79-6
- **Fitness Assessment of School Students: A Three Year Longitudinal Study** – International Conference Proceedings “ Physical Activities & Sports for Global Peace & Development” New Delhi. p109-112. ISBN 978-81-902282-06
- **Students’ Attitudes toward Physical Activity and Physical Fitness** – Shodh Sangam, Mumbai. Special Issue Volume II (2012). p144-147. ISSN 2249-717x
- **Relationship between Students’ and Teachers’ Attitude towards Physical Activity and Physical Fitness** – Journal of Physical Education and Sport. 12 (3) p385-390.online-ISSN: 2247-806x
- **Teachers' Attitude towards Teaching Physical Activity and Physical Fitness: A Study of Attitudinal Change** – National Conference Proceedings “National conference 2015 - Trends, Issues and Future of Physical Education and Sports”. Pune p147-151. **ISBN 9789381991015**
- **Study of Physical Fitness of Sportsmen and Non-sportsmen Participating in School Physical Education Program.** - Shodh Sangam, Allahbad, Volume III Issue 2 (2015). p8-14. ISSN 2249-717x

- **A Comparative Study of Self Concept among Sportsmen Participating in different types of Sports.** - Shodh Sangam, Allahbad, Volume III Issue 2 (2015). P35-40. ISSN 2249-717x

### **EXTRA CURRICULAR ACTIVITIES.**

- N.C.C. 'A' Certificate.
- Adventure Sports.

### **PERSONAL INFORMATION**

- Nationality : Indian.
- Marital state : Married.
- Date of Birth : 1<sup>st</sup> December 1981

