

Master of Arts in Expressive Movement Therapy (M.A. EMT)

Academic Session 2025 Dissertation Completed Students List

Sr. No.	Name of the Student	Name of the Research Guide	Year	Research Topic
01.	Ms. Apoorva Fenil Tolia	Ms. Farheen Sheikh	2025	"Efficacy of Expressive Arts Therapy on Building Empathy and Increasing Emotional Quotient of Children Between 10-11 Years"
02.	Ms. Buch Kinnari Anirudh	Ms. Suroshree Mitra	2025	"Efficacy of Expressive Arts Therapy in Regulating Emotions and Increasing Attention Span in Children with Special Educational Needs"
03.	Ms. Deshpande Isha Makrand	Ms. Farheen Shaikh	2025	"The Impact of Plate Therapy on Copying Strategies and Emotional Regulation in Preteens"
04.	Ms. Divakaruni Sunitha	Ms. Suroshree Mitra	2025	"Enhancing Social Skills in Adolescents through Expressive Art Therapy : A Pathway to Social Well Being in ZPHs Government School Children"
05.	Ms. Radhika Bairagra	Ms. Mrunmayee Maya Kulkarni	2025	"Exploring the Psychological Challenges Leading to Disconnect in Social Interaction among Girls in Residential Homes through Expressive Arts Therapy"
06.	Ms. Rajlaxmi Vitthal Bhaskar	Ms. Mrunmayee Maya Kulkarni	2025	"The Impact of Expressive Arts Therapy on Anger Expression and Management in Early Adult Sons from Lower Income Urban Areas"
07.	Ms. Rama Vinay Jambhawadekar	Ms. Farheen Shaikh	2025	"The Role of Expressive Arts Therapy in Enhancing Self Esteem in Older Adults"

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08.	Ms. Roshnai Basu	Ms. Fareen Shaikh	2025	"Impact of Expressive Arts Therapy on Anxiety in Hearing and Speech Impaired Pre-Teens and Teens"
09.	Mr. Sandip Ravindra Bhaise	Ms. Suroshree Mitra	2025	"Exploring the Impact of Imagination on Interoceptive Awareness, Emotional Regulation and Embodied Self-Experience in Young Adults"
10.	Ms. Sarika Panwar	Ms. Radha Bhattad	2025	"Effect of Integrating Expressive Arts Therapy with Performance are Two Enhance Introspective Awareness in Design Studies"
11.	Ms. Sathe Mayuri Sujeet	Ms. Mrunmayee Maya Kulkarni	2025	"From Outside in Assessing the Impact of Expressive Arts Therapy on Enhancing Body Esteem in Adolescents"
12.	Ms. Shah Komal Devang	Ms. Radha Bhattad	2025	"The Role of Expressive Arts Therapy in Navigating Peer Conflict among Children"
13.	Ms. Shilka Agarwal	Ms. Mrunmayee Maya Kulkarni	2025	"Impact of Tagore Inspired Expressive Arts Therapy on Resilience & Depression on Older Adults Living in an Old Age Home in Tier-3 City in West Bengal"
14.	Ms. Urvashi Alok Makharia	Ms. Mrunmayee Maya Kulkarni	2025	"The Role of Expressive Arts Therapy in Enhancing Intelligence and Resilience among Adolescents in Government – Aides School"



Savitribai Phule Pune University
(formerly University of Pune)
Department of Sports & Physical Education



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Sr. No.	Name of the Student	Name of the Research Guide	Year	Research Topic
15.	Ms. Shailaja Gangwar	Ms. Radha Bhattad	2025	“Improving Quality of Life through Expressive Movement Therapy Interventions among Residents of Old Age Home Showing Depressive Symptoms”